

# FORERUNNER HOCKEY ACADEMY

ON-ICE, DRYLAND, & SKATING TREADMILL  
SUMMER PROGRAMS



## “THE ACADEMY”

EVERYTHING YOUTH HOCKEY PLAYERS NEED  
TO DEVELOP THEIR GAME TO THE NEXT LEVEL.

MONDAY 6/23 - FRIDAY 8/15



### ON-ICE SKATING & SKILLS

@ SCS CIVIC ARENA

MONDAY - FRIDAY

12:00-3:00PM

- 60 MINUTE SESSIONS
- \$400 FOR 8 SESSIONS
- NO MORE THAN SIX  
SKATERS/COACH

### DRYLAND, SKILLS, & SKATING TREADMILL

@ SYNERGY SPT

MONDAY - FRIDAY

10:00AM-8:00PM

- 90 MINUTE SESSIONS
- \$400 FOR 8 SESSIONS
- NO MORE THAN FIVE  
ATHLETES/COACH



**TO SIGN-UP EMAIL COACH MATT:**

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